



CLARE COMMUNITY  
PRIMARY SCHOOL

Monday, October 15th

# Newsletter



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What a lot has been going on around the school during the last few weeks! Acorn class have enjoyed starting to join us for whole-school assemblies and are becoming noticeably more independent at dinner times and when moving around the school. Beech class are amazing us with their joined-up writing and progress with Phonics, whilst Cedar are engrossed in the adventures of Paddington Bear in Darkest Peru and now Clare!

Meanwhile, in KS2, I have spied all sorts of interesting activities taking place– ice-cube igloos in Elm class and Indian Dancing in Hazel, who are also looking forward to a cooking demonstration by Mughal Knight later in the week. Larch class were stunned (in a good way!) by the mobile planetarium which paid us a visit last week, and Oak class was totally rearranged as an artist's studio on Tuesday, as Oak class painted their

own Van Gogh style 'Gladioli' with acrylic paint on canvas. I can't wait to finish these with the children next week!

This year, Mrs. Linnane is leading the school in seeking an Artsmark, and I am really pleased to announce that, as part of this drive, we are now officially an associate school of the Royal Shakespeare Company, joining with other local schools led by The Ormiston Academy, Sudbury, and meaning that we will be participating in events at local theatres and accessing the kind of opportunities that can be much more difficult living in a more rural area.

Mrs. McIvor and Miss Anderson are hosting a Phonics Café on Wednesday afternoon at 2.30pm and I am delighted to share with you our KS1 Reading Champion Challenge that has been introduced this term to complement our Accelerated Reader

Challenge in KS2 (see p.2).

We are also awaiting delivery of some brand new tables for Cedar class and some dining tables for the school hall which have stools attached and should make the whole operation at lunchtimes more stream-line, not to mention making the clearing up and cleaning of the hall and surrounding area much easier.

We are extremely grateful to the PTFA for donating an amazing £1500 towards these very expensive dining tables. Once these have arrived we will set them up in the hall and invite parents to come in and take a look.

After all this, I know that I am not the only one ready for half-term! Many thanks for your invaluable support over the last half-term and a big thank you to all the staff for their unstinting efforts and good humour!

Yours sincerely,

**Rebecca Loader**

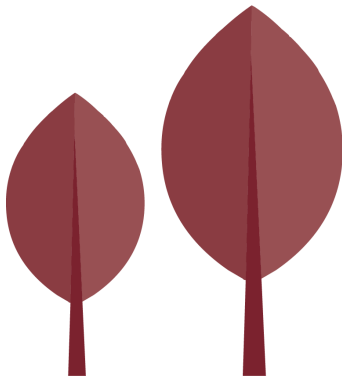
## HARVEST ASSEMBLY TOMORROW Tuesday, 16th October 1.30pm

We are looking forward to our annual Harvest Festival at Clare Church (not the Baptist, but the one in the middle of the town), where the children will be performing an eclectic mix of thought-provoking songs and poems, all linked to this time of year. We will be aiming to start at 1.30pm but please arrive earlier to ensure a seat.

Throughout the week, we will be accepting donations to the Sudbury storehouse foodbank. Please bring in tins and dried foods which we will collect at the front of the school– let's see if we can build our own food mountain to donate to this very worthy local charity which supports families in need.

We will return to school at the end of the Service and then will dismiss from school

A Stour Valley Educational Trust Academy<sup>as</sup>





### CLARE CATKINS AND HOLIDAY CLUB

Our Catkins Extended Services club has got off to a great start with both numbers and enjoyment levels high. To ensure that your child has a place, please make sure that money in your Parentpay account has been put in the correct area— we cannot use money in the school lunches section and vice-versa. We are going to be able to take Childcare vouchers but this is not set up at present, and will be at least another couple of weeks so please bear with us. Bookings or cancellations must be made before 9.30am on the day required.

Holiday Club will be running on the Wednesday of half-term and this is now available to book on Parentpay for the very reasonable sum of £10.

## Christmas Shoebox Appeal 2018

### Clare Baptist Church & "Link To Hope"

This year we are joining with a UK-based charity, to pack and send shoeboxes to people in Eastern Europe. "Link To Hope" are based in Worthing and have been delivering shoebox presents since 1992, initially to Romania, but now also to Bulgaria, Moldova and Ukraine. They are a Christian charity who believe in "distributing love to those in need regardless of background, colour, creed or religion."

The leaflet in your child's Book Bag gives all the information you need to pack and wrap a shoebox that will be received with love and gratitude. The key elements to remember are:

1. Choose who your shoebox is going to – they are either for a family or an elderly person
2. Use the list in the leaflet to ensure that you include the correct items before you wrap up your shoebox – they are not checked and will only be opened by the family or elderly person you have sent it to
3. Please donate £2 with your shoebox if you can – this purely covers the cost of transportation and distribution

There will also be a large box in Reception for you to drop off any items from the list of "Essential" or "Extra Items" if you are unable to pack a complete shoebox. We will make up extra shoeboxes with these gifts.

If you want more information, please contact me on the details below or visit the "Link To Hope" website: [www.linktohope.co.uk](http://www.linktohope.co.uk). Not only does this website tell you everything you need to know about this year's appeal, it also includes a lot of photos and lovely stories from last year's distribution.

Many thanks,

Rev Paul Graham – Minister, Clare Baptist Church



PARENTS, TEACHERS AND FRIENDS ASSOCIATION  
SUPPORTING OUR CHILDREN

### PTFA Halloween Disco

Friday 19th October

4.30–5.30pm Key Stage 1  
(all Reception children to be supervised  
by an adult please)

5.45–7.00pm Key Stage 2

Tickets cost £4 and will include a bag of sweets and unlimited drinks.  
Tattoos will be available for free, so no need to bring any extra pennies!

Please fill in the form below to order tickets,  
which will be sent out in book bags.



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**Needed–** parents or carers or any relations really, to speak at a Careers day where we will be running an event, raising the aspirations and knowledge of our pupils regarding the world of work. It would entail speaking to small groups of pupils about your career route and how you arrived there., and is part of our Aiming High value and PSHE provision.

**Proposed date: Wednesday, 7th November**

### OUR SCHOOL HARVEST

A few weeks ago, the Gardening Club harvested their fruit and vegetables and used them to make a delicious soup which was sold after school to raise some much-needed funding. The children have loved growing their own food, and it was great to



show how we can practise sustainability and make tasty recipes without using unnecessary air miles. Many thanks to Giles and Juliet Bryant for organising and running this venture. *Look out for a Family Clear-up Morning in the near future, where we can all get involved in caring for our beautiful site.*





## Fantastic Football

We are so proud of how our football team played last week in the Sudbury football tournament. They made an excellent effort against larger and highly skilled teams, coming 4th out of 6.

Mr Wilson was very impressed by their positive attitude and resilience throughout.

Congratulations to you all!



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Suffolk Libraries  
**Kinetic**  
at



Clare Library

## Want to know how to support your child?

Our online workshops can help you understand anxiety and resilience better and how you can help children cope with this:

### Parenting the Anxious Child

- Primary school aged children
- Based on established research
- Available monthly
- What anxiety is and how to recognise it in children
- What fear and anxiety are and what happens in the brain when we get anxious
- How thoughts, feelings and behaviours can lead to the anxiety trap where both parents and children can get stuck
- How you can help anxious children, looking at practical, hands on strategies as well as some reflective work
- Live and interactive, giving you the chance to ask anonymous questions which will be answered during the session

Online webinar  
When: Running fourth Tuesday of every month  
At: 10-11.30am  
For more information:  
<https://www.wellbeingnands.co.uk/courses>

If you are a professional wishing to make a referral please send to:  
[nmh-tr.ewh@nhs.net](mailto:nmh-tr.ewh@nhs.net)



Wellbeing Suffolk is provided by Norfolk and Suffolk NHS FT working in partnership with a number of third sector organisations, including: • MTCIC • Relate • Shaw Trust • Suffolk Family Carers • Suffolk Young People's Health Project (4YP) • VoiceAbility

Wellbeing Suffolk is commissioned by Ipswich & East and West Suffolk Clinical Commissioning Groups

**NHS**  
Norfolk and Suffolk  
NHS Foundation Trust

### Halloween Themed Science Workshop

Age: 5-11 yrs. 10am-12noon

Half Term: Monday 22<sup>nd</sup> October



After sold out workshops and amazing feedback last year, we are excited to have Kinetic Science returning this half term to provide another Lab in a Library. Tickets are being subsidized by the Friends of Clare Library and so we can offer them at £5 per child. Spaces are limited so book early. Tickets available at Clare Library, High Street, CO10 8NY. 01787-277702



## ATTENDANCE

If your child is absent from school, please ensure that you ring the school office before 9.30am with a specified reason for their absence. If a reason is not given, we are obliged to phone you back so that our records are correct.

If a child has been sick, then they should be away from school for 48 hours after the last bout of sickness. We encourage parents to send children in with coughs or colds, or a temperature. If we feel that a child is too ill to be in school, then we will always contact you, but they often perk up during the day, once they are into their normal routine.

## Want to know how to support your child?

Our online workshops can help you understand anxiety and resilience better and how you can help children cope with this:

### Raising Happy Resilient Children

- Supports parents in understanding how to help children develop essential building blocks to being able to cope with the ups and downs of life
- Core skills which are essential to promote children's wellbeing
- Support children in developing coping strategies to maintain healthy relationships, survive hardship, problem-solve and talk about their feelings

#### Online webinar

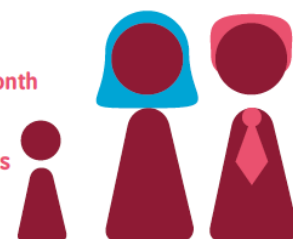
When: Running last Wednesday of every month

At: 10-11am

For more information:

<https://www.wellbeingnands.co.uk/courses>

If you are a professional wishing to make a referral please send to: [nmh-tr.ewh@nhs.net](mailto:nmh-tr.ewh@nhs.net)



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## Important Dates

### (including Christmas Events)

**CLASS ASSEMBLIES:** Thurs 18th Oct– Elm, Thurs 8th Nov– Hazel, Thurs 15th Nov– Larch, Thurs 22nd Nov– Oak

**HARVEST ASSEMBLY:** Tuesday, 16th October 1.30-2.30pm Wed, 17th Oct **Phonics Café** 2.30pm

**PTFA HALLOWEEN DISCO:** Years 1 and 2 4.30-5.30pm Years 3-6 5.45-7pm

**PARENTS' EVENINGS:** Tues 30th Oct 3.30-5.30pm and Thurs 1st Nov 5-7pm

**WILLY WONKA DAY:** Friday 2nd Nov (Chocolate Donations Please)

**NEW RECEPTION ENTRANTS OPEN MORNING:** Wed 14th Nov 9.30-10.30

**PTFA CHRISTMAS FAYRE** Fri 23rd Nov **Wear your Christmas Jumpers to school!**

**ART EXHIBITION** Mon 17th Dec 3-6pm

**CHRISTMAS PERFORMANCES** (Acorns, Beech and Cedar)

**Beech and Cedar play** Wed 12th Dec 9.30am and Thurs 13th Dec 1.30pm

**Acorn Class Nativity** Fri 14th Dec 9.15am **Christmas Dinner** Wednesday, 12th December

**CHRISTMAS CAROL** Service at Baptist Church Wed 19th Dec 1.30pm

**CLARE COMMUNITY CAROLS** (Choir) Mon 11th Dec 7.30pm

**LAST DAY OF TERM** Wed 19th Dec **Merry Christmas!**

**TERM BEGINS** Fri 4th Jan **PD Day (NO CHILDREN)**

Mon 7th Jan– **Children back at school**

Wellbeing Suffolk is provided by Norfolk and Suffolk NHS FT working in partnership with a number of third sector organisations, including: • MTCIC • Relate • Shaw Trust

• Suffolk Family Carers • Suffolk Young People's Health Project (4YP) • VoiceAbility

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Norfolk and Suffolk  
NHS Foundation Trust



# FREE School MEALS



## Free School Meals could save you up to £450 a year

What's more, if you sign up, your child's school receives extra funding from the Government, up to £1,320 a year. Even if your child is getting Universal Infant Free School meals in Key Stage 1, your school will still benefit if you are entitled.

Applying online only takes a few minutes and, if eligible, you will receive free meals until March 2022. Visit [www.suffolk.gov.uk/freeschoolmeals](http://www.suffolk.gov.uk/freeschoolmeals)

### To get free school meals you need to be receiving one of the following:

- o Universal Credit (up to £7,400 net earned income)
- o Income Support
- o Income based Job Seeker's Allowance
- o Income related Employment and Support Allowance
- o Working Tax Credit run on
- o Child Tax Credit **but no element of Working Tax Credit** and have an annual income that does not exceed £16,190



**If you need more information you can call 0345 606 6067**