



## Physical Education Home Learning Links

1. <https://www.youthsporttrust.org/pe-home-learning>
2. <https://www.youtube.com/thebodycoachtv>
3. <https://www.bbc.co.uk/teach/supermovers>
4. <https://www.getset.co.uk/>
5. <https://plprimarystars.com/news/home-learning-activities-school-closures>
6. <https://homelearning.primarypepassport.co.uk/#/>
7. <https://family.gonoodle.com/>
8. <https://www.cosmickids.com/>
9. <https://www.nhs.uk/change4life/activities>
10. <https://www.youtube.com/dantheskippingman>
11. <https://www.thisgirlcan.co.uk/activities/disney-workouts/>
12. <https://www.sportsleaders.org/qualifications-programmes/covid-19-support-resources-raising-resilience>
13. <https://jasmineactive.com/news/home-learning-resources/>
14. <https://www.woodlandtrust.org.uk/blog/2020/03/kids-nature-activities-self-isolation/>
15. [https://www.nhsdirect.wales.nhs.uk/pdfs/food\\_DIARYSHEET.PDF](https://www.nhsdirect.wales.nhs.uk/pdfs/food_DIARYSHEET.PDF)