

eats.

SPRING/SUMMER 23/24

15th April, 6th May, 3rd June
24th June, 15th July
16th September, 7th October

Menu



WEEK

1

Allergen key:

May Contain in (.)



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish

Margherita Pizza, Potato Wedges, Seasonal Vegetables G;MI;S;(E)

Hot Dog with Herby Diced Potatoes, Seasonal Vegetables G;SD;(S);(SS)

Roast Chicken, Crispy Roast Potatoes, Seasonal Vegetables, Gravy

Chicken Curry with Rice and Naan Bread, Seasonal Vegetables CE;G;

Battered Fish & Chips with Beans or Peas G;F;

Vegan Vegetarian

Vegetable Pizza, Potato Wedges, Seasonal Vegetables G;MI;S;(E)

Veggie Hot Dog with Herby Diced Potatoes, Seasonal Vegetables G;CE;(S);(SS)

Roast Quorn, Crispy Roast Potatoes, Seasonal Vegetables, Gravy G;

Quorn Curry with Rice, Naan Bread

Vegetable Goujons & Chips with Beans or Peas

Baked Potato

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans or Tuna Mayo E;F & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Packed Lunch

Cheese Wrap MI;G or Ham Wrap G; Nachos (S) Carrot Sticks & Apple Wedge Frube Yoghurt MI;

Cheese Roll MI;G or Ham Roll G; Popcorn Cucumber Sticks & Satsuma Shortbread Biscuit G;

Cheese Wrap MI;G or Ham Wrap G; or Tuna Wrap E;F;G Nachos (S) Carrot Sticks & Apple Wedge Flapjack G;

Cheese Roll MI;G or Ham Roll G; Popcorn Cucumber Sticks & Satsuma Vanilla Crunch G;E

Cheese Wrap MI;G or Ham Wrap G; Nachos (S) Carrot Sticks & Apple Wedge Cupcake G;E

DESSERT

Ice Cream Sundae MI; or Fresh Fruit or Jelly

Shortbread Biscuit G; or Fresh Fruit or Jelly

Flapjack G; or Fresh Fruit or Jelly

Vanilla Crunch G;E; or Fresh Fruit or Jelly

Cupcake G;E; or Fresh Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.
Available everyday: Salad Options Available Daily.



eats.

SPRING/SUMMER 23/24

22nd April, 13th May, 10th June
1st July, 2nd September,
23rd September, 14th October

Menu



WEEK

2

Allergen key:

May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)

Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish

Margherita Pizza, Potato Wedges, Seasonal Vegetables G;MI;S;(E)

Breaded Chicken Steak, Herby Diced Potatoes, Salad G;

Roast Pork, Crispy Roast Potatoes, Seasonal Vegetables, Gravy

Sweet & Sour Chicken with Rice, Seasonal Vegetables CE;

Fish Fingers & Chips with Baked Beans or Peas G;F;

Vegan Vegetarian

Vegetable Pizza, Potato Wedges, Seasonal Vegetables G;MI;S;(E)

Sothern Style Quorn, Herby Diced Potatoes, Salad G;E;MI

Roast Quorn, Crispy Roast Potatoes, Seasonal Vegetables, Cravy G;

Sweet & Sour Quorn with Rice, Seasonal Veg

Vegetable Spring Roll & Chips with Baked Beans or Peas C;S;SS

Baked Potato

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans or Tuna Mayo E;F & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Packed Lunch

Cheese Wrap G;MI; or Ham Wrap G; Nachos(S) Carrot Sticks & Apple Wedge Iced Sponge G;E;

Cheese Roll G;MI or Ham Roll G; Popcorn Cucumber Sticks & Satsuma Jelly

Cheese Wrap G;MI; or Ham Wrap G; or Tuna Wrap G;E;F Nachos(S) Carrot Sticks & Apple Wedge Frube Yoghurt MI;

Cheese Roll G;MI; or Ham Roll G; Popcorn Cucumber Sticks & Satsuma Shortbread Biscuit G;

Cheese Wrap G;MI; or Ham Wrap G; Nachos(S) Carrot Sticks & Apple Wedge Lemon Drizzle Cake G;E;

DESSERT

Iced Sponge G;E; or Fresh Fruit or Jelly

Ice Cream Sundae MI; or Fresh Fruit or Jelly

Jelly & Ice cream MI; or Fresh Fruit

Shortbread Biscuit G; or Fresh Fruit or Jelly

Lemon Drizzle Cake G;E; or Fresh Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.
Available everyday; Salad Options Available Daily.



eats.

SPRING/SUMMER 23/24

29th April, 20th May, 17th June,
8th July, 9th September,
30th September, 21st October

Menu



WEEK

3

Allergen key:

May Contain in (.)



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)

Milk (M)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish

Macaroni Cheese,
Seasonal Vegetables G;MI;

Breakfast Brunch G;SD;E;

Roast Chicken, Crispy
Roast Potatoes, Seasonal
Vegetables, Gravy

BBQ Chicken Wrap with
Rice, Seasonal Vegetables
G;

Chicken Dippers & Chips,
Beans or Peas G;CE;

Vegan
Vegetarian

Tomato & Herb Penne
Pasta with Garlic Bread,
Seasonal Vegetables G;S

Vegan Breakfast Brunch
G;CE

Roast Quorn, Crispy
Roast Potatoes, Seasonal
Vegetables, Cravy G;

BBQ Quorn Taco with Rice,
Seasonal Vegetables E;

Quorn Dippers & Chips
Beans or Peas G;

Baked Potato

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Baked Potato with Grated
Cheese MI; or Baked
Beans or
Tuna Mayo E;F & Salad

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Packed Lunch

Cheese Wrap G; MI; or
Ham Wrap G;
Nachos (S)
Carrot Sticks & Apple
Wedge
Frube Yoghurt MI;

Cheese Roll G;MI; or Ham
Roll G;
Popcorn
Cucumber Sticks &
Satsuma
Chocolate Nest G;

Cheese Wrap G;MI; or
Ham Wrap G; or Tuna
Wrap G;E;F
Nachos(S)
Carrot Sticks & Apple
Wedge
Chocolate Cookie G;

Cheese Roll G;MI; or Ham
Roll G;
Popcorn
Cucumber Sticks &
Satsuma
Fruit Muffin G;E;

Cheese Wrap G;MI; or
Ham Wrap G;
Nachos(S)
Carrot Sticks & Apple
Wedge
Chocolate Crunch G;E

DESSERT

Ice Cream Sundae MI;

Chocolate Nest G; or Fresh
Fruit or Jelly

Chocolate Cookie G; or
Fresh Fruit or Jelly

Fruit Muffin G;E; or Fresh
Fruit or Jelly

Chocolate Crunch G;E; or
Fresh Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.
Available everyday: Salad Options Available Daily.

